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Balsamic Dressing

INGREDIENTS

Dressing Ingredients

1/2 lemon juiced
1 tablespoon of Dijon mustard
2 tablespoons of balsamic glaze
3 tablespoons of balsamic vinegar
5 tablespoons of olive oil
Himalayan salt to taste

Bean salad ingredients

1 can of garbanzo beans
1 can of kidney beans
1/2 chopped onion
1 diced avocado
1/4 cup of chopped walnuts
Balsamic dressing added as desired

PREPARATION

1 Recipe Dressing

2 Combine all ingredients in a bowl and whisk. Add salt to taste. Add a touch more balsamic glaze for a sweeter dressing.

3 Recipe Bean salad

4 Combine all ingredients in a medium sized bowl. Mix in balsamic dressing.
Enjoy!

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