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Baked Apple Recipe

INGREDIENTS

6 apples (choose your favorite variety!)

1/2 cup raisins and/or dried apricots

1/4 cup chopped walnuts OR pecans (or other nuts)

3/4 tsp grated orange zest

3/4 cup water

3/4 tsp powdered cinnamon

3/4 tsp powdered nutmeg

PREPARATION

- 1 Preheat oven to 350F.
- 2 Remove apple cores and peel around core opening.
- 3 Place apples in shallow baking pan.
- 4 Stir together raisins, nuts, and zest in a small bowl.
- 5 Add water and spices to saucepan and heat until it boils.
- 6 Simmer at low heat for 2 minutes.
- 7 Fill each apple core with nut mixture. Spoon the hot mixture over each apple.
- 8 Place pan in oven for 30-35 minutes or until apples are soft. Enjoy!

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