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## Chocolate Almond Blueberry Overnight Oats

### INGREDIENTS

1/4 cup organic old fashioned dry oats

3/4 cup unsweetened vanilla almond milk

1 tbsp chia seeds

1 tbsp almond butter

2 tbsp sliced almonds

1/4 cup blueberries

2 squares dark chocolate (or equivalent dark sugar free chocolate chips, or 1/8 of a 2 oz bar), preferably 70-80% cacao-my favorite is Hu Kitchen Chocolate

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### PREPARATION

- 1 Add almond milk to the oats in a bowl, jar or cup.
- 2 Use a cheese grater to shave the chocolate into the mixture-or crush it up, or just use dark chocolate chips.
- 3 Add the rest of the ingredients. Mix all together and place in the fridge overnight or at least for three hours.
- 4 Feel free to save some of the blueberries, almond slices, and chocolate for the top to add fresh flavor and crunch-I did! Enjoy!

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