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## Apple Sangria

### INGREDIENTS

3 cinnamon stick with extra for garnish  
2 chopped honeycrisp apples  
1 orange sliced thin  
1 bottle red wine (light bodied Spanish works well)  
1.75 cups apple cider  
½ cup brandy  
¼ cup orange juice (or juice from 2 medium oranges)  
juice from one lemon  
club soda

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### PREPARATION

- 1 Place cinnamon sticks, apples and orange slices into a pitcher.
- 2 Add wine, cider, brandy, orange and lemon juice.
- 3 Refrigerate for 6-24 hours.
- 4 Pour into glasses with fruit, and add extra cinnamon stick to garnish as desired.
- 5 Add club soda to taste right before serving. The more club soda vs. mixture, the less calories!

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