



[www.robinbarrie.com](http://www.robinbarrie.com) | 917-648-1421 | [rkaiden@robinbarrie.com](mailto:rkaiden@robinbarrie.com)

---

## Baked Apples

### INGREDIENTS

apples with core cut out

2 Tbsp raisins

peaches

apricots or other fruit per apple

1 tsp cinnamon per apple

---

### PREPARATION

- 1 De-core apples, but do not cut all the way through to the bottom, just cut enough to fill apple with additional fruit.
- 2 Peel apples to be served to babies.
- 3 Preheat oven to 350 degrees.
- 4 Place apples in shallow baking dish, then sprinkle apple with cinnamon. Fill baking dish with a thin amount of water at bottom.
- 5 Bake for 15 mins or until apples are tender.
- 6 Halfway through, remove dish and spoon water/apple juices over top of apples.
- 7 Puree apple for infants. Dice in pieces for an easy, soft, sweet finger food.

[www.robinbarrie.com](http://www.robinbarrie.com) | 917-648-1421 | [rkaiden@robinbarrie.com](mailto:rkaiden@robinbarrie.com)